

If you are facing an unplanned pregnancy, know this: You're going to be OK, and you have options. You don't have to have all of the answers immediately. Call The Cradle at 800-CRADLE4 (800-272-3534) to talk to a counselor about possible next steps.

How does it work?

You can contact The Cradle at any time during or even after your pregnancy to explore your options and develop a plan with a counselor. You do not have to choose adoption; we can discuss all of your options.

How much does it cost?

Our services are free, and The Cradle may be able to help with expenses and medical care related to your pregnancy.

What about the baby's father?

Fathers need to sign a legal document stating their desire not to parent. If he is not involved or unable to be located, we can still help to ensure all plans are secure and legal.

What is an open adoption?

Most adoptions today are open adoptions. In an open adoption, you can stay in touch with your child and the adoptive family if you wish.



Scan the QR code or visit cradle.org/options





Who Is The Cradle?

The Cradle is a licensed, nonprofit, child welfare agency. Founded in 1923, we have placed over 16,000 children in forever families.

We offer:

- A confidential, judgment-free process; there is no pressure to choose adoption.
- A free, 24-hour HelpLine where you can speak with a counselor to discuss your options
- Free temporary care for your baby while you take the time to decide the best path for your family
- ▶ Loving families: If you decide adoption is the plan, you'll have the ability to choose your child's adoptive parents from our prescreened group of waiting families of varying races, ethnicities, and religions as well as LGBTQ+ families

Want to Talk About It?

CALL: 800-CRADLE4
(800-272-3534)
VISIT: Cradle.org
EMAIL: helpline@cradle.org

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